

# HIV in North Carolina

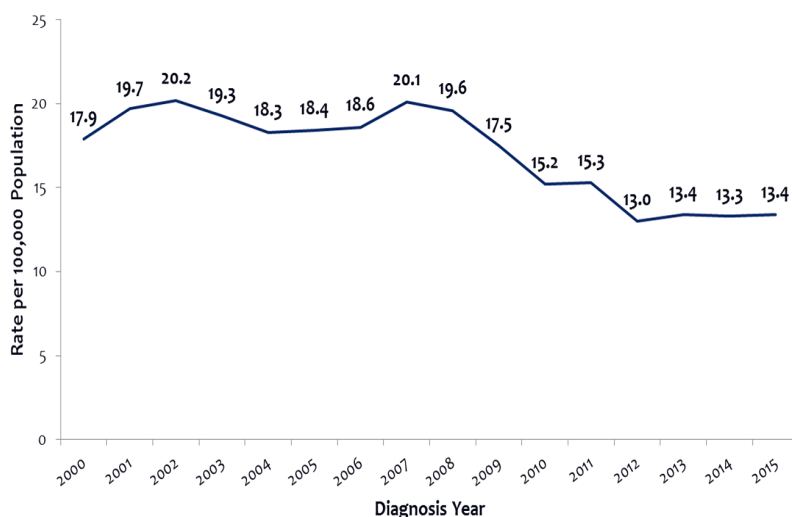
## Reported HIV Case Data, 2015

**Overall, the newly diagnosed HIV infection rate has remained stable over the past few years**

### In 2015:

- 29,935 people were diagnosed with HIV and alive in North Carolina.
- 1,345 people were newly diagnosed with HIV in North Carolina.
- An estimated 36,800 people are living with HIV/AIDS in North Carolina. Of this number, an estimated 4,200 are undiagnosed and unaware that they are infected.

North Carolina Newly Diagnosed HIV Infection Rates



## New HIV diagnoses occur in different groups among men and women

### 2015 HIV in Men:

- 85% were men who report sex with men (MSM)
- 50% were young men (aged 13 to 29)
- 20% were diagnosed with AIDS within 6 months of their HIV diagnosis



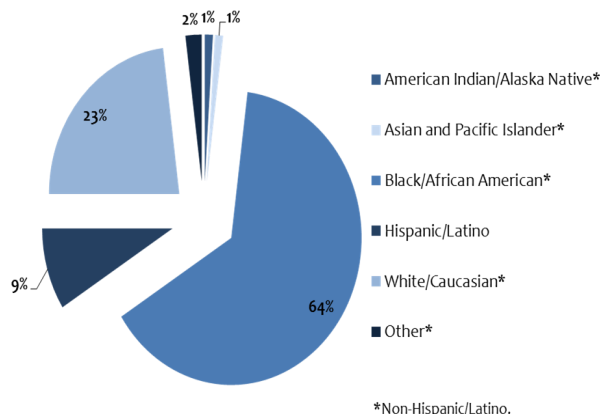
### 2015 HIV in Women:

- 95% were exposed through heterosexual contact
- 50% were women over the age of 40
- 28% were diagnosed with AIDS within 6 months of their HIV diagnosis



## Almost two-thirds of all new HIV diagnoses are among Black/African Americans

The increasing rates of HIV among Hispanic/Latinos and Black/African Americans can be attributed to socioeconomic issues, such as poverty, lack of information, misinformation and stigma about HIV, inadequate healthcare access, and institutional racism. HIV rates are also highest in low-income areas ([CDC 2015](#)), and Black/African Americans and Hispanic/Latinos are more likely to live in these areas.



### Want More Information?

**HIV/STD Facts and Figures web site:**  
<http://epi.publichealth.nc.gov/cd/stds/figures.html>

**Centers for Disease Control and Prevention Fact Sheets on HIV:**  
<http://www.cdc.gov/hiv/library/factsheets/index.html>

### Data Source:

enhanced HIV/AIDS Reporting System (eHARS) (data as of June 27, 2016) and Medical Monitoring Project (MMP) weighted data (data as of August 4, 2016).

### Contact Us

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Created by the HIV/STD Surveillance Unit  
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# HIV in North Carolina

## Reported HIV Case Data, 2015



Public Health  
HEALTH AND HUMAN SERVICES

### What is North Carolina doing to decrease HIV?

- Public health works to control HIV by testing (to diagnose new cases) and linking patients to care (HIV treatment improves health outcomes and can prevent transmission of the virus to others).
- North Carolina provides funds for HIV testing. Over 207,000 HIV tests were conducted at the North Carolina State Laboratory of Public Health (SLPH) in 2015, including rapid tests performed by state funded agencies. Of those, 956 (0.5%) individuals were newly positive.
- North Carolina funds evidence-based risk reduction programs. Over 1,400 HIV positives or high-risk negative people participated in 11 different programs.
- State bridge counselors actively look for HIV-positive people who have fallen out-of-care and offer assistance in addressing barriers to remaining engaged in HIV medical care.
- Nationally, clinicians are helping people at high risk of acquiring HIV by offering Pre-Exposure Prophylaxis (PrEP); see the side bar for North Carolina links.

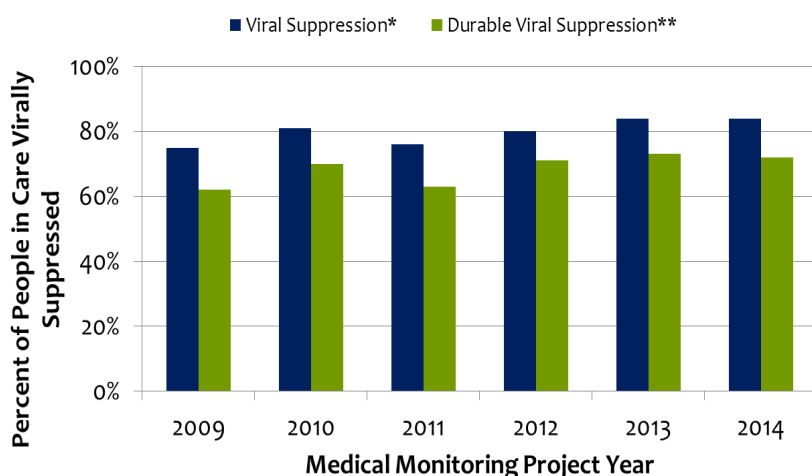


### What CLINICIANS can do

If your patient is sexually active and HIV positive, talk with your patients about their sexual health. Patients with ongoing STD risk behaviors should be tested regularly for syphilis and other STDs, like gonorrhea and chlamydia. STD prevention is HIV prevention!

If you are a care provider, educate yourself about PrEP (resources in sidebar). Also ensure that you receive regular cultural competency training in order to better meet the changing needs of your patient population (resources in sidebar).

### Viral Suppression of those in HIV care



\*Recent viral load test is less than 200 copies/mL.

\*\*All viral load tests in last 12 months are less than 200 copies/mL.

In HIV care settings, 84% of patients were estimated to be virally suppressed in 2014. \*

In 2014, 72% of all patients were virally suppressed for 12 months.\*\*

### What YOU can do

If you have HIV, seek treatment: you deserve a long and happy life!

For help, see the AIDS Drug Assistance Program (ADAP) resources in the side bar.

#### STD Screening Recommendations for HIV-positive people, CDC 2015 STD Treatment Guidelines:

<http://www.cdc.gov/std/tg2015/screening-recommendations.htm>

#### For information about Pre-Exposure Prophylaxis (PrEP) and a map of North Carolina PrEP providers:

<https://www.med.unc.edu/ncaidstraining/prep/PrEP-for-consumers>

#### Cultural Competency (C3) Trainings Information Contact:

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#### ADAP web site:

<http://epi.publichealth.nc.gov/cd/hiv/adap.html>